

YOGA

Live with no beliefs that prevent from Being

*A mind free
from ego thoughts*

*A body with
no tension*



*Connect the
Inner Silence*

Guidance based on the Advaita Vedanta

*Yogi Master Francis Verba teaches worldwide, in silence,
with no publicity, no desire to be this or that...*

Saturdays, April 20st and April 27th, 2019

9:00am - Meditation

10:00am - 12:00 - Physical approach, Yoga and Pranayama

12:30 - 1:30pm - Lunch

2:30pm Satsang session

Fee: \$65.00 per day

Hosted by Sylvia Thomas

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